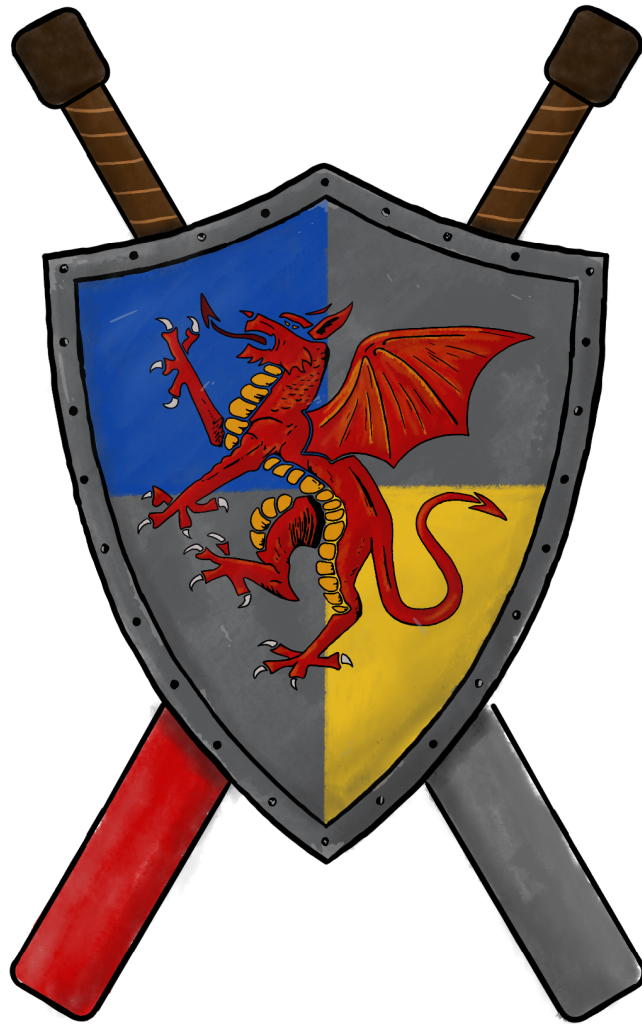


**Welcome to our 2022 AKS Summer Camp Leadership Team!**



## **Top 5 Tips**

1. Bring on the ENERGY!
2. Plan ahead
3. Put the kids before yourself (NEVER let the kids see you angry)
4. Open your heart!
5. \*Reward\* kids (Man Points / stickers)

## **Camp Law**

1. NEVER let kids be alone (buddy system!)
2. Know your numbers (make sure kids tell you where they're going)
3. Water, sunscreen, bug spray
4. Don't be alone with any camper
5. Do not go to the beach without a lifeguard present (yes even you)
6. No hanky panky (If you wouldn't do it with Hanshi don't do it with anyone else ; ))

## **Roles & Responsibilities**

### **All**

1. Be punctual
2. Work as a Team

### **Head Counselors**

1. Communicate! Always know where your cabin should be going
2. Keep your Cabin CLEAN

### **Jr. Counselors**

1. Be the Boss
2. Be your kids BEST FRIEND (treat them like a homie not some kid)
3. Stay off your phone while with kids!

### **Jr. Instructors**

1. Be a class ninja, stay in the back be sure not to take attention away from sensei
2. Watch for hands behind the back / that athletes are doing what sensei is showing

# 2022 AKS Karate Camp Schedule

(do not show kids what we're doing a day in advance :)

2022 AKS Camp Schedule						
Week of: July 10						
	7/12 SUNDAY	7/13 MONDAY	7/14 TUESDAY	7/15 WEDNESDAY	7/16 THURSDAY	7/17 FRIDAY
7:00 AM		Wake up & Shower	Wake up & Shower	Wake up & Shower	Wake up & Shower	Wake up & Shower
8:00 AM		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
8:45 AM		Transition	Transition	Transition	Transition	Transition
9:00 AM		Class	Class	Class	Class	Pack up & clean
10:00 AM		Transition	Transition	Transition	Transition	Pickup Boys
10:15 AM		Shaving Cream / Swim Test	MEGA Fort	Swim Time / Free Time	Battlefield / Free Time	
10:30 AM						
11:00 AM		Transition	Transition	Transition	Transition	
11:15 AM		Shaving Cream / Swim Test	Free Time	Swim Time / Free Time	Battlefield / Free Time	
12:00 PM	staff arrival	Transition	Transition	Transition	Transition	
12:15 PM		Lunch	Lunch	Lunch	Lunch	
1:15 PM	Jr. C Meeting	Transition	Transition	Transition	Transition	
1:30 PM		Class	Class	Class	Class	
2:30 PM		Transition	Transition	Transition	Transition	
2:45 PM	3:00 Girls, Lodge Check-in	Free Time / Swim Time	Free Time / Swim Time	Spritewood Forest / Free time	Free Time / Swim Time	
3:30 PM		Switch	Switch	Switch	Switch	
3:45 PM	4:00 Boys Cabin Check-in	Free Time / Swim Time	Free Time / Swim Time	Spritewood Forest / Free time	Free Time / Swim Time	
4:30 PM		Transition	Transition	Transition	Transition	
5:00 PM	Tour & pictures	Dinner	Pizza Pig-Out	Dinner	Dinner	
6:00 PM	Rule meeting	Transition	Transition	Transition	Transition	
6:15:00 PM					Get Ready / Free Time	
7:00:00 PM	Dinner	Stick Horsieeee	Capture the Flag	Jukebox Jousting		
7:15:00 PM	Flag Football	Transition	Transition	Transition	Transition	
8:00:00 PM	Free Time	Junk Food	Junk food	Junk Food	<i>The Ball</i>	
8:30 PM						
9:00 PM	Junk Food	Get ready for bed	Bonfire	Get ready for bed		
9:30 PM		Inspection			Inspection	Transition
10:00 PM	Transition	Lights out	Get ready for bed	Lights out	Get ready for bed	
10:30 PM	Lights out		Lights out		Lights out	

# 2022 Classes

(take note of which of your kids are in each class so you know where they are)

## AM

**Archery** -Field next to Blue Tower - Sensei Dave

**Hand Jousting (sparring)** - Fireplace Room - Sensei Gabe

**Passi** - Cafeteria - Sensei Faith

**Ye Oi Yoga** - grass in between cafeteria and lake - Sensei Heather

**Shodan Ho Class** - Pavilion - Hanshi

## PM

**Archery** - Field next to Blue Tower - Sensei Dave

**Shodan Ho** - Pavilion - Hanshi

**Ye Squire Class** - Behind Purple Cabin - Sensei Josh

**Airsoft** - Octagon - Sensei Will

**Sportsball** - Basketball Court - Sensei Caleb

## Contact info

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